

Call to order

A meeting of Tamworth Mountain Bikers Inc was held at 7pm at The Tamworth Hotel on Monday December 7, 2020.

Attendees

Melissa Siddons, Jeff Benson, Michael Crummy, Ross Aylwin, Alyssa Rogan

Apologies

Peter Thistle

Approval of minutes

Motion: To accept the minutes from the previous meeting as a true and accurate record of the meeting held 02/11/2020.

Moved: Jeff Benson Seconded: Michael Crummy

Matters arising

- 1. Rock of Reknown ongoing, to be finalised at the next meeting.
- 2. Mark Willis has agreed to start the planning process.
- 3. Signage on order with Lloyd Sign Co, should be a draft available by next meeting.
- 4. Mel to call up old trail maps and send them through.
- 5. Done and run
- 6. Communication strategy ongoing, to be finalised at the next meeting.

Reports

President's Report:

We won a TRC Regional Access Award for the development of our new adaptive trail. Many people gave positive feedback from different segments of the community - walkers, dirtmaster grandparents, people from all walks of life. One of the most exciting things is that the Landcare group who were also finalists offered to help us with our work in the park. Northcott received a grant and wants to work with us to align our programs. Potentially we can run an adaptive category in our Twilight races, and run an adaptive cyclist only race in the future.

Treasurer's Report: financials to 30/11/2020

Westpac General Account: \$7,493.18

Westpac Grant Account: \$0.00

Regional Australia Bank Main Account: \$10,646.23

Regional Australia Bank SCCF Account: 13,185.82

Regional Australia Bank Debit Card: \$500.00

TOTAL: \$31,825.23

Significant income for this month were \$3,500.00 from the volunteering grant, \$361.69 and \$39.20 from the RAB Community Partnership funds, \$752.34 from the 10th Birthday Race.

Moved: Jeff Benson Seconded: Melissa Siddons

Secretary's Report:

Correspondence In:

- Resignation from the TAMMTB Committee effective immediately Peter Thistle
- Auscycling technical regulations Ross Aylwin
- Active Kids update AusCycling
- NIAS nomination forms
- Reguest for copies of TAMMTB minutes Andrew Dehm
- Notification the our volunteer grant application was successful Peter Thistle
- Availability of the Local Sport Defibrillator grant Amanda Shaw
- Notification the TAMMTB are finalists in the TRC 2020 Regional Access Awards
- Remittance advice from The Centre for Volunteering for our \$3500 grant funds
- New COVID regulations and request for an updated COVID plan to meet same TRC
- NIAS invoice for support monies

Correspondence Out:

- Copies of minutes to Andrew Dehm as requested
- Updated COVID plan to TRC

Park Committee Report:

Minutes for PDC meeting - Monday 30th November

- 16 Manina Way, Hallsville 7pm start.
- 1- Discussion on park signage (Ross A).
 Suggested action to proceed to develop new park maps based on current trail layout.
 Only exception for consideration is South Ridge dual-purpose trail.
- 2- Review of items raised by Chris Shaw in his overall trail report.
 - a. Fenceline superseded with consideration to strategic planning day (Alyssa proposal to be reviewed per 3 above)
 - b. Goanna Crawl to be put on hold due to Top Loader development request)
 - c. Hillside slated for all repairs, and widening of descent as well as remaining area above skills park to plateau. Exception is the A-line feature addition and jumps on final decent.
 - d. Remainder of trail reports yet to be fully reviewed, but funds requested to be held for current and future enhancements and maintenance.
 - e. Overall expectation is for ~\$20k total to cover repairs, refinement

- 3- Clean-up of outstanding documentation on the PDC Google drive.
 - a. Review of current open feature application requests.
 - i. Andy Dehm Top Loader proposal Concern on fly-over with regards to depth of cut-in, and other conditions but basic concept approved
 - ii. 3 Little Pigs. Piggy 1 concept (re-development of current orange track) supported. Piggy 2 and 3 planning review, not earth works (consider use of current trails in proximity instead of creating new trails).
 - iii. YBR Descent (Fenceline Downhill) PDC agrees with redevelopment of descent, but in accordance with natural features rather than concrete structures, and maintain flow/speed from strategic planning, with input from various riders of different abilities. PDC agrees this is a draw-card opportunity where significant investment should be made.
 - PDC would like to take an opportunity to discuss further on site.
- 4- General Discussions not finalised:
 - a. Scheduling of working bees (should be planned/announced well in advance to maximise community engagement)
 - b. Consider an annual development schedule (planning season during hotter months, working bees and activities during cooler and damper months)?

Meeting concluded 9:30pm

Motion: To split the remaining funds from the SCCF grant evenly between developing new trails and refurbishing the existing trails to make them more easily rideable for all.

Moved: Ross Aylwin Seconded: Alyssa Rogan

Carried

Action: Alyssa Rogan to take the lead on the Yellow Brick Road trail development, and discuss the Piggy 1 with Michael Crummy, Eric Day and Peter Thistle.

Martin Siddons has resigned from the Park Development Committee effective December 31, 2020.

NIAS Update

Regional Training Session 1 - Tamworth carried out (Indoors).

Regional Training Session 2 - Inverell carried out (Skills basics).

Mini Tour 1 - Orange GP carried out. 1st (4th Overall) in 7hr, 1st and 3rd in 4hr U15s (All teams).

Select Skills Session 1 - Tamworth carried out.

Regional Training Session 3 - UNE carried out (Re-enguagement).

Group Fitness Ride 1 - Attunga to Manilla carried out.

Awaba SuperFlow. 2nd, 8th, 12th, 2x 13th, 15th, 16th and 36th across the junior categories.

Select Skills Session 2 - Tamworth carried out.

NEMTB XC. 1st, 2x 2nd, 3rd, and 5th, across U17s and U15s.

Regional Training Session 4 - TAMMTB carried out.

Select Skills Session 3 - Was cancelled due to wet weather.

Jollynose SuperFlow. 13th and 16th.

Jollynose and Kempsey GP. 3rd and 4th (team).

Regional Training Session 5 - Borah cancelled due to wet weather.

Group Fitness Ride 2 - Woolbrook to Limbri carried out.

Group Fitness Ride 3 - Via Echo Hills to Kootingal carried out.

TAMMTB COVID Buster 3hr – 1st, 2nd and 3rd Solo Furious, 2nd and 3rd Pair Furious.1st Pair Roll'n Fernale and Pair Roll'n Male.

NEMTB Club Championships. U15 Male – Kalean Blair. 1st and 2nd U17s, 1st and 2nd U15s. Glenrock GP – 9th and 24th GP7 Overall. Winning their category.

Ourimbah SuperFlow - 8th Hardtail, 3rd and 31st U15s.

NEMTB "Subby" 3hr - 1st and 2nd U17s, 1st and 3rd U15s (Ashton Scales competed in a TAS team 3rd)

Copeton 6hr - 3rd and 4th Open Pair Male.

Regional Training Session 6 - Borah carried out.

NIAS MTB Athlete Leon Hystek awarded Communicator of the Year.

TAMMTB 3hr - 1st Junior Solo, 1st and 2nd Junior Pair. Both Fast and Furious Course.

Upcoming NIAS activities; JetBlack 24 on the 12-13 December.

Crummy - 06DEC20



NIAS Report 2021

NIAS MTB Trials were carried out on the 28NOV20 at TAMMTB Park. Six potential athletes attended the trials, with two expressing interest but unable to attend. Thanks to TAMMTB for the use of the space and to Compass Physio who were able to attend and deliver a specialized brief.

From the fourteen athletes in the 2020 contingent, six have re-applied.

The returning athletes and the six riders who attended the trial have all been offered a position with NIAS MTB 2021. Order for the 2021 jersey has been placed with Prism today.

Dates for 2021 have been pencilled in and are available. NIAS Regional Training Sessions are due to begin in February.

Crummy 07DEC20

General business

1. Resignation of Peter Thistle from the TAMMTB Committee MS

Discussion: Thanks to Peter for his service on our committee. A replacement committee member will be elected at the AGM in February

2. Volunteer Grant JB / PT

The club has received \$3,500 to be spent on supporting Volunteers.

During the recent Planning meeting and email responses various priority items were noted

Recommendation:

The following items are put forward for approval to purchase against these funds:

- 1) Purchase Davey Petrol Pump and Fire hose 20m. This will be used to pump water from creek into 500 litre storage container located on the old trailer. Then used to pump from the tank for track mtce works or weed spraying. \$1,117.00
- 2) Purchase Honda 4 stroke brushcutter \$499
- 3) Purchase additional battery operated backpack 16 litre spray unit. \$200
- 4) Purchase hand tools as recommended by MTBA for trail maintenance \$300
- 5) Purchase Fuel card to use to compensate volunteers use of machinery and to use to acquire diesel for tractor, brushcutters \$1000.
- 6) Balance of \$384 to be used to provide BBQ during working bees. Use existing card and record against the grant.

Moved: Jeff Benson Seconded: Ross Aylwin

Carried

3. Tandem Fit promotion AR

Pat from Tandem Fit has asked us to promote his business on our Facebook page.

Discussion: As a club, we do not promote businesses on our Facebook page.

4. John Tucker Landcare AR

John Tucker is happy to come and chat with us about different ways we can use Landcare to enhance and beautify Tamworth Mountain Bike Park.

Result: Alyssa to invite John to come and talk to the committee at our next meeting in February

5. Legality of volunteer work in the park AR

We are concerned that members of the public are coming into Tamworth Mountain Bike Park and conducting work including mowing without following protocols

Discussion:

- Volunteers are covered under Auscycling insurance if they are TAMMTB members.
- There is a "to do" list, anyone wanting to help out is encouraged to contact TAMMTB in advance to discuss what is needed
- 6. Adopt updated COVID plan LR

Motion: To adopt the updated COVID plan as attached.

Moved: Jeff Benson Seconded: Alyssa Rogan

Carried

7. Club Christmas Party MS

Kirsty and Amanda to spend up to \$100 on decorations.

Pizza dinner to be provided by the club.

Alyssa Rogan and Michael Crummy to plan the course.

Accepted by mutual agreement.

8. Auscycling

Entry Boss is the replacement of the MTBA online entry platform. Jeff Benson is to meet up with them on Wednesday to learn more & bring it to our next meeting.

Next meeting

Our next meeting will be held The Tamworth Hotel at 7pm on Monday February 1 2021.

Our AGM will be held in mid-February 2021 at a date to be confirmed early January 2021.

Meeting close

President

Meeting closed at 9:15pm

Date of approval

Attachment: COVID Safety Plan

COVID-19





16 July 2020

COVID-19 Safety Plan

Effective 17 July 2020

Community sporting competitions and full training activities

We've developed this COVID-19 Safety Plan to help you create and maintain a safe environment for you, your workers, volunteers and your visitors.

Complete this plan in consultation with your workers and volunteers, then share it with them. This will help slow the spread of COVID-19 and reassure your visitors that they can safely participate in activities. You may need to update the plan in the future, as restrictions and advice changes – you can make changes to the plan if you've printed or saved it, or you can choose to download and create a new version of the plan.

Organisations must follow the current COVID-19 Public Health Orders and manage risks to staff and other people in accordance with Work Health and Safety laws. For more information and specific advice for your industry go to nsw.gov.au

ORGANISATION DETAILS		
Organisation name:	Tamworth Mountain Bikers	
Event:	Twilight Series Racing (Term 4 2020)	
Plan completed by:	Lisa Roberts	
Approved by:	Alyssa Rogan, Chair, Tamworth Mountain Bikers Committee	
Date Approved:	1 December 2020	

> REQUIREMENTS FOR ORGANISATIONS

Requirements for your organisation and the actions you will put in place to keep your participants, volunteers and workers safe

REQUIREMENTS	ACTIONS
Wellbeing of staff and visitors	
Exclude staff, volunteers, parents/carers and participants who are unwell.	attendees (riders, volunteer organisers and spectators) provided notice at event of symptoms and NSW Health testing advice attendees (riders, volunteer organisers and spectators) advised not to attend if feeling unwell with any symptoms of COVID-19, if they have had symptoms in the last 14 days or if they are under any COVID-19 isolation restrictions (including recent travel to Victoria, waiting for test result, confirmed case) attendees (riders, volunteer organisers and spectators) will be advised they will be asked to leave the event if they are displaying obvious signs of COVID-19 symptoms while at the event attendees (riders, volunteers and spectators) restricted to

	living/working near Tamworth (within 120 km) screening questions asked at registration (declaration individuals meet entry conditions)
Provide staff and volunteers with information and training on COVID-19, including when to get tested, physical distancing and cleaning, and how to manage a sick visitor	volunteer organisers will be advised to be tested in line with NSW Health advice if they identify they have any COVID-19 symptoms or contact with a confirmed case volunteer organisers will be advised to observe physical distancing of 1.5m where-ever possible at the event (noting this is not a requirement for first aid treatment) use of shared/common surfaces/equipment will be minimised shared/common surfaces/equipment will be cleaned regularly using a suitable cleaning agent/disinfectant volunteer organisers will be advised if they identify an event attendee displaying obvious COVID-19 symptoms that they must report this to the event organiser who will advise the person to leave the event and recommend they report to a COVID-19 testing clinic
Make staff aware of their leave entitlements if they are sick or required to self-isolate.	• N/A
Display conditions of entry (website, social media, venue entry).	conditions of attendance displayed on club's Facebook page and twitter (adhere to social distancing requirements, good hygiene and feeling well) conditions of entry note anyone observed displaying obvious COVID-19-like symptoms onsite will be asked to leave as a precaution signs placed around the park displaying conditions of entry (no entry if under current imposed isolation restrictions (including confirmed case, having had contact with a confirmed case in the last 14 days, awaiting result from a COVID-19 test, visited a declared hotspot in last 14 days) or have any COVID-19 symptoms in last 14 days
If hiring the facility, consult with the owners/operators to address these requirements to understand what measures may already be in place.	• N/A
Ensure COVID-19 Safety Plans are in place, where relevant, for: Swimming pools Gyms Indoor recreation facilities Restaurants and cafes (for kiosks or canteens) Major recreation facilities	• N/A
Ensure processes are in place to exclude participants (including spectators and officials) if they have visited Victoria in the 14 days prior.	sign-on sheet to include declaration that participants and spectators have not been unwell or to current hotspots.
Ensure processes are in place to exclude participants (including spectators and officials) if they have attended any of the reported case locations listed on the NSW Health website (nsw.gov.au/covid-19/latest-news-and-updates).	attendees (riders, volunteer organisers and spectators) restricted to restricted to living/working near Tamworth (within 120 km)
Take all reasonable steps to minimise the number of spectators attending community	limit spectators to 2 per rider (parents of children) spectators required to register pre-race online

sport events.	'on the day' spectators to register using onsite QR codes
If sufficient numbers to field teams cannot be achieved, prioritise delaying the event rather than substituting with people from other teams or from the community.	• N/A
Physical distancing	
Ensure the number of people in a facility does not exceed one person per 4 square metres of space (excluding staff) to a maximum of 500 people.	N/A (outdoor activity) maximum 500 people allowed for outdoor venue
Minimise co-mingling of participants from different games and timeslots where possible.	online registrations single use race plates race grades (Elite, A, B, C and Rec) have staggered starting times to minimise co-mingling through interaction at start/finish separate start congregation area for each grade no podium – results announced online after the race
Ensure any spectators comply with 1.5 metres physical distance where practical, such as through staggered seating. People who live in the same household are not required to distance. Have strategies in place to prevent spectators from different games and timeslots co-mingling.	attendees (riders, volunteer organisers and spectators) encourage to adhere to social distancing by monitoring spectators and encouraged them to keep appropriately spaced carpark area allows vehicles adequate space to allow riders and spectators 1.5m distancing while setting up and packing up
Have strategies in place to manage gatherings that may occur immediately outside the premises, such as with drop off and pick up zones or staggered start/finish times.	signs throughout carpark and park encouraging social distancing carpark area allows vehicles adequate space to allow riders and spectators 1.5m distancing while setting up and packing up signage at start/finish area identifying 1.5m distancing requirement and adequate space available for this to occur distancing markers on ground at registration desk
Reduce crowding wherever possible and promote physical distancing with markers on the floor where people stand or are asked to queue.	signs throughout park encouraging social distancing online registration of riders and spectators accompanying riders 2 registration desks – 1 for dirt masters and 1 for seniors
Ensure communal facilities such as showers, change rooms and lockers have strategies in place to reduce crowding and promote physical distancing.	toilets have occupancy limit of 1 person (or parent and their young child) each signs at toilets to be covid safe (maintain distancing, practice good hygiene, symptoms and when to get tested etc.)
Where practical, stagger the use of communal facilities. Strongly encourage participants to shower/change at home where possible.	signs and distance markers to space any queues that form
Use telephone or video platforms for essential staff meetings where practical.	committee meetings held via zoom or if indoors, complying with 1 person per 4 square meters
Hygiene and cleaning	
Adopt good hand hygiene practices.	hand sanitiser and hand hygiene signage provided for the toilet facilities

by officials's handing out race numbers hand sanitiser provided at/with the first aid station all attendees reminded to practice hand hygiene (including cough/sneeze etiquette into elbow, use of hand sanitiser after blowing nose, touching face etc.) Ensure hand sanitiser is accessible at the venue entry and throughout the facility or ground. Ensure bathrooms are well stocked with hand soap and paper towels or hand dyers. Consider providing visual aids above hand wash basins to support effective hand washing. Encourage participants to bring their own water bottle, snacks/orange slices and sweat towels. Avoid shared food and drinks. Ensure processes are in place to launder shared uniform items after use, such as bibs or jerseys. Clean frequently used indoor hard surface areas, including children's play areas, at least daily; first with detergent and water, and then disinfect. Clean frequently touched areas and surface areas, including in communal facilities, several times per day. Clean areas used for high intensity sports with detergent and disinfectant after each use. Reduce sharing of equipment where practical and ensure these are cleaned with detergent and disinfectant targer each use. Ensure there is accessible detergent and gloves for visitors to use, should they wish.		
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maintained at an appropriate strength and the SDS	maintained at an appropriate strength and used in accordance with the manufacturers'	hand sanitisers will be alcohol based at a concentration of at least
wash hands thoroughly before and after product identifies this is necessary PPE	wash hands thoroughly before and after	hands must be washed thoroughly after using cleaning products with

Encourage contactless payment options.	all race registrations will be via online no cash handling will occur onsite by the club
Record keeping	
Keep a record of name and a mobile number or email address for all staff, volunteers, participants, spectators and contractors attending community sports activities, where this is practical, for a period of at least 28 days. Ensure records are used only for the purposes of tracing COVID-19 infections and are stored confidentially and securely.	all rider and spectator registrations will be on-line via event registration or via onsite QR codes. Online records are managed and kept for the minimum period required by the online system provider TamMtb can access records if required any non pre-registered attendees (spectators, visitors or volunteers) are required to use the QR codes displayed around site TamMTB has created an account with Guest Track to meet our record keeping requirements for spectators/non-riders who have not pre-registered attendance using MTBA's event website. QR codes are displayed around the park during events, and organisers proactively check people are registered
Make your staff and volunteers aware of the COVIDSafe app and its benefits to support contact tracing if required.	all event staff and registered participants recommended to download the COVIDsafe app, noting this is not compulsory
Cooperate with NSW Health if contacted in relation to a positive case of COVID-19 at your workplace, and notify SafeWork NSW on 13 10 50	Tamworth Mountain Bikers will cooperate with NSW Health in relation any notified positive case of COVID-19 and will notify SafeWork NSW if this occurs where a participant/attendant at an event is affected